



# COUNTYWIDE FITNESS CHALLENGE 2012



## TAKE A HIKE!

Join us for a day of family fun featuring nature hikes  
to a waterfall and a volleyball challenge!



EVENT SPONSOR

WARM-UP EXERCISES

NATURE HIKES

8:30 a.m., 9:30 a.m., 10:30 a.m.

HEALTHY SNACKS

PICNIC AREA

FREE GIVEAWAYS

DRAWING PRIZES

### Kenneth Hahn State Recreation Area

4100 S La Cienega Boulevard  
Los Angeles, CA 90056  
2nd Supervisorial District

**Saturday, September 15, 2012**  
**7:30 a.m. – Noon**

RSVP to secure your giveaway at <http://dhr.lacounty.info>

